

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Seniors Health & Wellness Program	2 10:30 Canada Dental Care Plan: Webinar	3 2:00 Boost Wellness Sessions	4 10:00 How to Beat the ATS System	5 9:30 Virtual One-On-One Resume Critique for Newcomers	6 9:00 Online Citizenship Test Preparation Circle
7	8 9:30 Seniors Health & Wellness Program 10:00 Better Jobs Ontario Information Session	9 11:00 Ask Me Anything	10 9:00 Mental Health First Aid (MHFA) 2:00 Boost Wellness Sessions	11 10:00 Advanced MS Excel	12 10:30 Interviews that Impress	13
14 8:00 Walk-in Mammograms	15 9:30 Seniors Health & Wellness Program	16 5:00 Speed Mentoring With Cpa For Finance & Accounting Professionals 6:00 Bollywood, Fitness, Fun!	17 2:00 Boost Wellness Sessions	18 1:00 Better Jobs Ontario Information Session	19 11:00 How to Use LinkedIn to Find a Job	20
21	22 9:30 Seniors Health & Wellness Program	23	24 11:00 Effective Job Search	25 11:00 Boosting Your Confidence	26	27
28	29 9:30 Seniors Health & Wellness Program	30	31 1:30 Start a Rewarding Career as a Certified Nutritional Practitioner: Webinar			